



January

02 Monday Piers Road | 6.30 5+15km Millers Cafe
 06 Friday Time Trial 17.30 8km OG's
 15 Sunday HAC Half Marathon | 6.00 5,10 + 21km OG's
 20 Friday Time Trial 17.30 4km OG's
 22 Sunday HAC Memorial Run | 6.00 10,21 + 32km OG's

July

07 Friday Time Trial 17.15 8km OG's
 16 Sunday Cross Country Series 2 | 8.00 8+16 km TBA
 21 Friday Time Trial 17.15 4km OG's
 30 Sunday Cross Country Series 3 | 8.00 8+16km TBA

February

03 Friday Time Trial 17.30 8km OG's
 05 Sunday Old Mutual Relay Challenge | 6.00 42km + Relay OG's
 17 Friday Time Trial 17.30 4km OG's
 18 Saturday Troutbeck Worlds View (half term) | 10.00 9,18km Troutbeck Hotel

August

4 Friday Time Trial 17.15 8km OG's
 12 Sunday Kariba Half Marathon | 6.00 10+21km Kariba
 18 Friday Time Trial 17.15 4km OG's
 20 Sunday Cross Country Series 4 | 8.00 8+16km TBA

March

03 Friday Time Trial 17.30 8km OG's
 05 Sunday HAC Peter Gradwell Marathon | 6.00 10,21 + 42km OG's
 17 Friday Time Trial 17.30 4km OG's
 19 Sunday HAC 7 Hills | 6.00 12 + 19 Greystone Shops

September

01 Friday Time Trial 17.30 8km OG's
 03 Sunday Old Mutual Westgate Half Marathon | 6.00 10+21km Westgate
 10 Sunday Rooneys High 5 + Xtreme 15 | 7.00 5+15km Borrowdale Club
 15 Friday Time Trial 17.30 4km OG's
 16 Saturday Umfurudzi Trail Run | 14.00 12+25km Umfurudzi.
 24 Sunday Cross Country Series 5 | 8.00 7+14km TBA

April

02 Sunday Roger Brackley Half Marathon | 7.00 10+21km Borrowdale Club
 07 Friday Time Trial 17.30 8km OG's
 15 Saturday Old Mutual Two Oceans | 6.25 21+56km Cape Town
 21 Friday Time Trial 17.30 4km OG's
 30 Saturday Long Run for Comrades Entrants | 5.30 65km OG's

October

6 Sunday Mazoe Down hill | 6.00 17km Mazoe Road
 8 Friday Time Trial 17.30 8km OG's
 20 Friday Time Trial 17.30 4km OG's
 22 Sunday 3 Bridges (Half Term) | 6.00 5,10+22 Greystone Shops
 28 Saturday Old Mutual Vumba Half Marathon | 6.30 5,10+21 Vumba

May

05 Friday Time Trial 17.15 4km OG's
 07 Sunday HAC 21km Challenge | 7.00 10+21km OG's
 13 May | Spar Fun Run 8.30 5+10km Hellenic
 19 Friday Time Trial 17.15 4km OG's
 21 Sunday Round Table Orange Grove | 7.00 10+16km Country Club

November

03 Friday Time Trial 17.30 8km OG's
 05 Sunday Round Table Greendale Half Marathon | 6.00 14+21km Country club
 11 Saturday Walk/Run Donnybrook + Relay | 6.00 7,14,21,28 Donnybrook
 17 Friday Time Trial 17.30 4km OG's
 19 Sunday HAC Handicap | 5.30-6 .30 21km OG's
 24 Saturday Christmas Dinner | 19.00 TBA

June

02 Friday Time Trial 17.15 8km OG's
 04 Sunday Bonitas Comrades Marathon (Up Run) | 5.30 87km Durban
 16 Friday City Glass/Netrade Night Run (Members only) | 18.00 5-10km Borrowdale Brooke
 25 Sunday Cross Country Series | 18.00 8+16km TBA

December

01 Friday Time Trial 17.30 8km OG's
 03 Sunday HAC 20 Miler | 6.00 32km Enterprise Club
 08 Friday Castle Lite Jog 'n Grog (Members only) | 17.30 5km OG's

KEY:

HAC Events

Non HAC Events

2016 School Term (provisional)

Start/End
 1st term 10-Jan 6-Apr
 2nd term 9-May 3-Aug
 3rd term 5-Sep 7-Dec

Half Terms
 1st term 17-Feb 20-Feb
 2nd term 16-Jun 19-Jun
 3rd term 13-Oct 16-Oct

International Marathons

Paris 9-Apr-17
 London 23-Apr-17
 Boston 17-Apr-17
 Berlin 24-Sep-17
 Chicago 8-Oct-17
 New York 5-Nov-17

2017

Race Calendar